

Have you updated your details recently?

Do we have your current email address?



If we don't have these details then you **will** be missing out on our newsletters and what is happening in your regions.

You can update all your contactable details by signing into our website or by sending an email to the [Secretary General](#), Michael Lucas, and he will update the details for you.

If you are receiving emails and want to update you address you can sign into the website and update your details yourself, you can even change your email address.

If we don't have an email address on record then you won't be able to sign into the website and that's when you will need to contact the Secretary General, Michael Lucas to do this for you.